

# Prince MIKASA Cup Ice Dance Competition 2025 Yokohama JAPAN

2025/1/11

Organized by the Mikasanomiya Cup Ice Dancing Competition

Organized by Kanagawa Prefecture Skating Federation

Co-hosted by Jujo Figure Skating Club

Sponsored by Ice Flowers

If any of the following apply to you, please refrain from participating (check on the day):  
 A. If you are not feeling well (e.g. if you have symptoms such as fever, cough, sore throat, etc.)  
 B. If a family member or close acquaintance living with you is suspected of being infected.

## 1. Date and time: June 7, 2025

The time when the athletes gathered and the start of the competition will be announced at a later date. After the competition, a dance session is planned.

## 2. Venue: 2-11 Shin-Yokohama, Kohoku-ku, Yokohama, Kanagawa Prefecture, 222-0033 (Tel: +81-45-474-1112)

KOSÉ Shin Yokohama SKATE CENTER (Artificial indoor 60m x 30m)

## 3. Events (○ numbers indicate patterns) (The number of patterns may be adjusted depending on the number of participants in the event, etc.)

### Pattern Dance

Starting this year, we will be adding age restrictions to each category.

All ages welcome

Gold, Silver, Preliminary, OB Gold

Each skater must be 22 years of age or older

Bronze, Pre-Bronze, OB Silver, OB Bronze, OB Preliminary

Class	First Pattern Dance		Second Pattern Dance	
	Pattern Dance	music	Pattern Dance	music
Gold Class:GC	Argentine Tango②	Tango 4/4,96 beats per minute ±2	Rhumba④	Rhumba 4/4,176 beats per minute ±2
Silver Class:SC	Rocker Foxtrot④	Foxtrot 4/4,104 beats per minute ±2	Paso Doble③	Paso Doble 2/4, 112 beats per minute ±2
Bronze Class:BC	Fourteenstep④	March 6/8 or 2/4,112 beats per minute ±2	European Waltz②	Waltz 3/4,135 beats per minute ±3
Pre-Bronze Class:PB	Willow Waltz③	Waltz 3/4,135 beats per minute ±3	Ten Fox③	Foxtrot 4/4,100 beats per minute ±2
Preliminary Class:PC	Dutch Waltz③	Waltz 3/4,138 beats per minute ±3	Tango Canasta③	Tango 4/4,104 beats per minute ±2
OB Gold Class:OBG	Viennese Waltz③	Waltz 3/4,156 beats per minute ±3	Quickstep④	Quickstep 2/4,112 beats per minute ±2
OB Silver Class:OBS	Starlight Waltz②	Waltz 3/4,174 beats per minute ±3	Kilian⑥	March 2/4 or 4/4,116 beats per minute ±2
OB Bronze Class:OBB	Tango②	Tango 4/4,108 beats per minute ±2	Silver Samba②	Samba 2/4,108 beats per minute ±2
OB Preliminary Class:OBP	Swing Dance②	Foxtrot 4/4,100 beats per minute ±2	Tango Fiesta③	Tango 4/4,108 beats per minute ±2
100+ year old classA:100A	Tango②	Tango 4/4,108 beats per minute ±2	Silver Samba②	Samba 2/4,108 beats per minute ±2
100+ year old classB:100B	Willow Waltz③	Waltz 3/4,135 beats per minute ±3	Ten Fox③	Foxtrot 4/4,100 beats per minute ±2
Advanced Novice Class:AN	(Girls: 10 to 15 years old) (Boys: 10 to 17 years old)			
Intermediate Novice Class:IN	(Under 15 years old) The following tasks will be selected by lottery on the day from A and B.			
A				
B				
Solo section				
Solo Pre-Gold Class:SGC	Blues③	Blues 4/4,88 beats per minute ±2		
Solo Silver Class:SSC	Rocker Foxtrot④	Foxtrot 4/4,104 beats per minute ±2		
Solo Pre-Silver Class:SPC	American Waltz②	Waltz 3/4,198 beats per minute ±3		
Solo Bronze Class:SBC	Fourteenstep④	March 6/8 or 2/4,112 beats per minute ±2		
Solo Preliminary Class:SPC	Dutch Waltz③	Waltz 3/4,138 beats per minute ±3		

## Rhythm Dance, Free Dance

Senior Free Dance:SFD (2025-2026) 4 minutes  $\pm$ 10 seconds (Note)

Junior Free Dance:JFD (2025-2026) 3 minutes 30 seconds  $\pm$ 10 seconds (Note)

Advanced Novice Free Dance:AFD (2025-2026) 3 minutes  $\pm$ 10 seconds (Note)

OB Free Dance:OFD Within 3 minutes (Note)

Senior Rhythm Dance :SRD (2025-2026) 2 minutes 50 seconds  $\pm$ 10 seconds (Note)

Junior Rhythm Dance :JRD (2025-2026) 2 minutes 50 seconds  $\pm$ 10 seconds (Note)

**Solo Free Dance Advanced Novice:SoFD Within 2 minutes 20 seconds  $\pm$ 10 seconds (Note)**

(Note) Senior Free Dance, Junior Free Dance, Advanced Novice Free Dance,

Senior Rhythm Dance and Junior Rhythm Dance will follow ISU Regulations (2025-2026).

OB Free Dance can be any length up to 3 minutes. Up to 9 elements will be counted.

**For the Solo Free Dance requirements please refer to 2024-2025 International**

**Solo Dance Levels 24-09-03 and 2024-25 International Solo Dance Requirements.**

The symbol after the sport name is the category symbol.

## 4. Eligibility

- Anyone can participate, regardless of whether they are a registered JSF athlete. However, Gold Class and Senior Free Dance,

For Senior Rhythm Dance, one partner must have passed Pre-Gold Pattern Dance, Free Dance or Rhythm Dance.

(If a JSF Dance Class A or above judge recommends a contestant, the above qualifications will be waived.)

- All OB classes can be attended by professional instructors.

At the Mikasanomiya Cup, a professional instructor is someone who earns an income by teaching skating.

- For pattern dance events, couples may only participate in one event.

- Same-sex teams are allowed to compete in all classes except Novice, Junior and Senior.

- To be in the 100+ age class, the combined age of the couple must be over 100 years old.

- The age range for Advanced Novice Free Dance is 10 to 15 years for women and 10 to 17 years for men.

## 5. Awards

Gold Class, OB Gold Class, Over 100 Class A and Free Dance: Prince Mikasa Cup (rotating), medals for 1st to 3rd place, certificates for 1st to 6th place

The Free Dance Trophy will be awarded to the first place Senior Free Dance winner.

If there are no competitors in that class, the award will be awarded to the first place junior free dancer.

In addition, if there are no competitors in the same class, the award will be awarded to the first place OB free dancer.

If there are no competitors in the Over 100 Years Old Class A, the Trophy will be awarded to the 1st place winner in the Over 100 Years Old Class B.

The award ceremony will be held at a designated location once preparations are complete, not when the ice is prepared.

The trophy will be passed around and you will need to attach a name to it when you receive it. Please return it in time for next year's competition.

## 6. Participation Fee

15,000 yen per person (price per person, per event)

Professional instructors will be charged 13,000 yen per person per event.

Please transfer the participation fee to the following account when you register.

Refunds will not be given for any reason other than the cancellation of the competition.

## **7. Music**

Free Dance, Rhythm Dance, and Solo Free Dance participants must prepare their own music. Only CDs are allowed. (Bring spares.)

The event, contestant's name, affiliation, and performance time should be written on the board.

For the Pattern Dance event, the organizers will prepare music for the ISU and JSF badge tests, etc., but if you would like to skate to a song of your choice, please let us know when you register.

I will let you know where to send the CD so you can check the tempo of the song.

Please note that changes to the desired song will not be permitted after the entry deadline.

## **8. Scoring Method**

This will be done using IJS (without key points).

Conducted at Basic Novice level (50% of patterns are Level B, 75% are Level 1)

## **9. Skating Order**

After the deadline, a lottery will be held in the presence of officials to determine the order of skating. The results will be recorded in the program.

## **10. Admission ticket**

1,000 yen (separate dance session participation fee: 2,000 yen)

If you wish to enter the venue, please undergo the above health checks before coming.

There is no need to contact us by email in advance.

## **11. How to apply**

### **①Registration**

Each couple should fill out one copy of the "2025 Mikasanomiya Cup Ice Dancing Competition Participation Application Form" for each event and send the details by email to [mail@mikasanomiyahai-id.org](mailto:mail@mikasanomiyahai-id.org).

If you do not have access to email, please fax it to the Executive Committee.

The form can be downloaded in Excel or PDF format from the website.

In order to ensure smooth communication, if you have access to email, please apply by email whenever possible and set up your email settings so that you can receive emails from the Mikasanomiya Cup address.

If you have access to Excel, please submit your entry using Excel wherever possible.

Free Dance, Rhythm Dance and Solo free dance participants must submit a list of planned elements by email attachment or fax.

### **②Participation Fee**

Please transfer the payment to the following account when you register.

Bank: Mizuho Bank

Branch: Togoshi Branch

Account Number: Regular 2136495

Account name: Mikasanomiyahai

When transferring money, please be sure to include the participant's name (for example, "Yamada Suzuki" for the Yamada/Suzuki pair).

## **12. Application Deadline: From Monday, March 17th, 2025 to Monday, April 21st, 2025 (applications must arrive by this date)**

The transfer period will also be the same day.

### 13. Other

#### ① Disclaimer of Liability

The competition organizers are not responsible for any damage suffered by participants within the competition venue.

By applying to participate, participants agree that they will be responsible for any damages they may incur, and under no circumstances will the organizers of the competition be required to pay compensation. Participants must purchase sports insurance.

#### ② Dance session (The schedule may be adjusted depending on the number of participants in the competition, etc.)

At the Mikasanomiya Cup, a dance session is held after the match to promote interaction and friendship.

Free for match participants and referees. All other participants must pay the session fee upon entry.

You cannot participate in the session only.

### 14. Tournament inquiries

Mikasanomiya Cup Competitive Ice Dance Competition Office

email address: [mail@mikasanomiyahai-id.org](mailto:mail@mikasanomiyahai-id.org)

(Please use the subject "Mikasanomiya Cup" and state the player's name and category symbol in the body of the email.)